



International Netball Festival Inc

Gold Coast, Australia

2019



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Welcome from the International Netball Festival Inc

It is a pleasure to welcome you to the
International Netball Festival

Gold Coast, Australia 2019



We have been bringing this fabulous Netball Festival to the Gold Coast, every year since 2011. It is with sincere thanks and excitement that we continue to welcome teams from overseas, nationally and locally to play in this competitive and fun tournament.

Congratulations on your participation in
2019's INF and good luck!

Play well, learn more,
bond with your team and
make new friends!

International Netball Festival Inc
www.internationalnetballfestivals.com

PO Box 903 HELENSVALE QLD 4212

Australia Telephone 1800 157 747—**NZ Telephone** 00 800 9999 0001

INF President

Jane Rushton—Phone: 0415 399 806

INF Tour and Netball Co-ordinator

Jo Heslop—Phone: 0415 424 594

Mayoral Welcome Message

Netball is a very popular sport played in more than 70 countries by more than 20 million women.

It was a very popular attraction during the Commonwealth Games last year and it is pleasing to see Gold Coast as the venue once more for the International Netball Festival.

Visiting competitors, officials and fans will once again love our winter weather which is better than most places during summer!

You will also find our food scene has grown enormously with a thriving café culture and craft brewers with all manner of temptations.

As many of you would know, Gold Coast is a place where you can create memories to last a lifetime. I hope you have a wonderful time while you are here. Enjoy!

TOM TATE
MAYOR



Welcome Message from the State Member of Burleigh

It is my great pleasure to welcome you to the 2019 International Netball Festival – hopefully one of many visits to the Gold Coast.

As the state Member for Burleigh, I am proud to support this event which promotes sporting camaraderie, fun and friendship.

I have no doubt the International Netball Festival is an experience of a lifetime for all involved.

Palm Beach is blessed to be home to world famous beaches, award-winning restaurants and cafes. I encourage everyone to explore and immerse themselves in all the wonderful things the Gold Coast has to offer. You will not be disappointed.

Enjoy and good luck to all competitors!



Michael Hart MP
State Member for Burleigh

Let the Games Begin

We are a community based, not for profit organisation and are pleased to welcome all local teams as well as the international and interstate teams to the International Netball Festival. A big thank you to all the coaches and team managers in organising your team's participation in this extraordinary Festival. Over the next few days our expert team will provide a Festival of high level netball, recreational activities, team bonding, friendships and more. With four competition days, participants will experience a sporting holiday in paradise.

Players will have the fabulous opportunity of meeting Queensland Firebirds' players, Laura Clemesha, Mahalia Cassidy and Kim Jenner at the Netball Clinics.

Let the games begin

The International Netball Festival Team

An environment-friendly organisation



Firebirds Laura Clemesha, Mahalia Cassidy and Kim Jenner will run the Netball Clinics



Spirit of the Game

Play by the rules, play fair and "in the spirit of the game of Netball".

Contesting the ball is fine. Rough play will be penalised.

The spirit of the game dictates that players make sure they give others on court, often opponents, a fair chance. We encourage Festival players to be **good sports and applaud good plays**, for your team and the opposition.

Umpires are to be respected. Positive feedback only on the courts. If there are no umpires, there are no games. Spectators and players, please remember that our umpires are human beings and may miss from time to time. They will do their best. If the umpires are hassled verbally, their umpiring deteriorates. Please try and boost their confidence.

We hope that this will encourage everyone to play in the true spirit of the game.

Awards

TEAM SPORTSMANSHIP AWARD for each division

Umpires will rate this award after each game based on

- Team players
- Fairness to all teams
- Encourages all team members
- Positive attitude and sportsmanship
- Friendly to other teams and umpires
- Never gave up, supported their team mates 100%

At the end of each game the umpires will give each team a score of 1 to 3



MOST VALUED PLAYER for each team

Coaches will nominate this player based on

- Positive player that is valued in the team
- A player that showed fairness, encouragement, a positive attitude, friendliness and never gave up

**WINNER
RUNNERS UP
THIRD PLACE**

PARTICIPATION AWARD for all participants

All players attending the International Netball Festival that do not receive a Winner's, 2nd or 3rd place trophy, will receive a Participation Medal

UMPIRES

Umpires will receive awards to show our appreciation for making the games happen!

Vote for them on the Score Sheets in the following categories:

- Loudest whistle
- Best and fairest
- Fastest to the base line
- The one that smiles the most



Managers' Information

Location

All Match Days will be held at the South Coast Netball Association, 83 Melaleuca Drive, Palm Beach Qld 4221.

Opening Ceremony/Meet and Greet Dinner/Team Acts

The Opening Ceremony and Meet and Greet Dinner will be held on **Saturday, 20 April 2019 at 6:30pm**, at the **Lonestar Tavern**, Cnr Markeri & Sunshine Boulevard, Mermaid Waters Qld 4218.

The evening will include dinner, Inspirational Speaker, team bonding followed by Team Acts.

Spirit of the Game and Competition Rules

Please refer to information in this Program - Spirit of the Game (Page 6) and Competition Rules (Page 10).

Managers' Meeting

Managers' Meeting will be held on Match Day 1 at **8:00am on Sunday, 21 April 2019** — please meet outside the clubhouse. The **umpires' meeting will follow**.

Tents

There will be **tents provided for travelling teams only**, that have booked a tour package with INF. Each tent will be numbered. All teams are to collect their tents from the umpires room and sign in and out for tents at the clubhouse. **Please ensure your have signed before tent is taken.**

Please set up and take down the tent each day and return the tent **plus** all the pegs and rope to the storage location before leaving each day.

Lunch/Light Dinner

Lunches/Light Dinners for players that have ordered and paid as part of the tour package, will be delivered to the courts at 11:00am on Sunday and Monday and 3:00pm on Thursday. Only two people from your team are required to collect the lunches.

We will announce when the meals arrive and will ask one group to collect them at a time. Your team representatives will sign for the number of lunches received that have been prepaid.

Action Photos

Please see your Manager's information for your group photo time (prepaid teams). The photographer, Kylie Gustafson will meet you at the court.

The photographer will take a casual **team photograph and 20 minutes of action shots**. Each team will receive a team photo at the Gala Dinner and players will be able to download the photos after the Festival.

Non-prepaid teams are welcome to book action photography, if the photographer has time—see Page 11 for contact details of the photographer.

Managers' Information

Netball Clinics

There will be two Netball Clinics held on **Wednesday, 24 April 2019** with the Queensland Firebirds' players. Times are 9:00am and 10:45am. This is a great opportunity to learn some great tips from the experts! Please refer to your itinerary for your scheduled time.

Insurance

Travelling teams have been offered Travel Insurance prior to leaving their home town. Local teams should ensure that their Clubs or individual private insurance will cover you in case of injury. **Players play at their own risk.**

Emergency and Medical—Dial 000 for EMERGENCIES

Local doctors' surgery—Prime Health Medical Centre, 21-23 Palm Beach Avenue, Palm Beach —07 5598 4442

Gold Coast University Hospital—1 Hospital Blvd, SOUTHPORT —07 5519 8211



First Aid

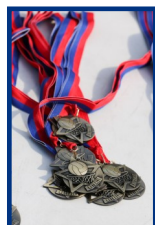
First aid, strapping and kinesiotape available onsite for the duration of netball games on the four game days—brought to you by **Sports First Aid Services**. Please refer to Page 11 for more information and prices. A massage is available at a small fee.

Theme Parks

Please collect your VIP passes at Movie World at Ticket Booth 1 and for Dreamworld & White-Water World, go to Guest Services to collect tickets. We are a green company so we do not email passes. Please refer to the information sheet emailed to you.

Clean Up

All teams will be given a black rubbish bag each day. Please be respectful and if you see rubbish, pick it up and pop it in the bag or a rubbish bin.



Awards Presentation

The Awards Presentation will be held on **Thursday, 25 April 2019** immediately after the finals at the **South Coast Netball Association Courts, Palm Beach**. All participants will receive a participation award if they have not won the 1st, 2nd or 3rd awards.

Festival Final Dinner

The Festival Dinner is being held on **Friday, 26 April 2019** at Currumbin Wildlife Sanctuary—arrive at 6:15pm. Please wear your International Netball Festival Singlet. We will have a group photo at Currumbin Wildlife Sanctuary on arrival.

The evening includes dinner, an Aboriginal Cultural performance and a Wildlife Demonstration. Entry bracelets will be in Managers' bags. Please distribute to your players and guests upon arrival at Currumbin Wildlife Sanctuary. No bracelet, no entry.

Competition Rules

Registration

A player must be registered and paid for, to play in the 2019 International Netball Festival BEFORE TAKING THE COURT.

Playing in a Division

Players are not permitted to play down or across a Division. Once a player has played up for two games they will then be part of this team. They cannot play down again. All 1,2,3 placing teams' players must sign in at the Control Desk on Finals Day. New players will not be allowed to join a team on the Finals Day.

Playing in more than one team

Players are not permitted to play in more than one team. Once players are registered in a team, they must stay in that team. If there are injuries and one team does not have enough players and wishes to pull a player from another team across the division, we will assess this at the time.

Scorecards and Points

Scoreboards will be placed in the centre of the court. The scoreboards will be replaced there after each game. A scorer from each team must be supplied. Scorers must stand beside each other on the sideline. Scoresheets only are to be returned to the INF Control Desk by the winning team. Please have teams **fill in Umpires award** on the scorecard. Umpires need to sign and fill in points for the **Team Sportsmanship Award**—see page 7.

Points Table will be positioned at the clubhouse. It will be posted on the INF Facebook Page and website each evening.

Stoppages

Blood Policy

Play shall cease immediately when blood is noticed. The player must leave the court immediately and may be replaced. The injured player may return to the court at the next centre pass if the blood flow has ceased, the wound cleaned and covered. If a shooter or centre is injured, the team may change one other player on the court to take that position. Stoppages are to be kept to a minimum.

Injuries

There will be 30 seconds for minor injury. The player may be replaced. If a shooter or centre is injured, the team may change one other player on the court to take that position. Stoppages are to be kept to a minimum. They may re-enter the court after the next centre pass off, if they have not been replaced.

Send Off

If someone has been sent off the court, they have to be off the court for a minimum of 2 goals. They can go back on the court after 2 goals, at the next centre pass off.

Wet Weather

The INF President will make wet weather playing decisions. Games may be played in the rain unless a decision is made to postpone play. On the Gold Coast, it can be pouring one minute and fine the next. Safety is important.

In the spirit of the game of netball

Competition Points

Three (3) points for a win, two (2) points for a draw and one (1) point for a loss.

Tie in Competition Points

If there is a tie with competition points at the end of competition, the team's placing in the ladder will be determined by the following, in this order:

1. The result of the game between the 2 teams – if that was a draw then,
2. A count back of goal difference - Goals For vs Goals Against. The team with the biggest goal difference will qualify ahead in the ladder – if this was equal then,
3. Fair play points as awarded by the umpires – if this is equal then,
4. A toss of the coin by the Tournament Director with the 2 team captains. (The team who has travelled furthest to the Festival will call the toss)

Draw at the End of a Final

The teams are allowed a 1 minute drinks break at the full time whistle. NO players can be changed. There will be three (3) minutes extra time each way. No break. If it is still a draw then it will be first team to reach a two (2) goal lead. NO change of players, no breaks.

Action Photography



Team Photo and Action Shots

\$10.00 per player for team and fun photo shoot

Book early for bonus action shots

**Contact Kylie on 0432 865 524
by Saturday, 20 April 2019 to book**

First Aid Supplies

**Sports First Aid Services are proud to
provide sports supplies and taping - available on Match Days**

You may BYO your own tape

Sports tape strapping - \$5.00 per limb

**Assorted tapes on sale—Rigid Tape, Kinesiology Tape,
Cohesive and Compression Wraps**

***Massage/Stretching @ \$1.00 per minute
minimum 5 minutes***

Festival Program

SAT, 20 APRIL 2019 THEME PARK DAY/MEET & GREET WITH TEAM ACTS	
All Day	Visit Dreamworld and WhiteWater World*
Arrive at 6:15pm for 6:30pm start	International Netball Festival Meet & Greet—Official Welcome and Opening Ceremony and Team Acts at the Lonestar Tavern, Cnr Markeri St & Sunshine Blvd, Mermaid Waters. Festival will be opened officially by an inspirational talk
SUN, 21 APRIL 2019 INTERNATIONAL NETBALL FESTIVAL MATCH DAY 1/INFINITY	
8:00am	Manager's Meeting followed by Umpires Meeting
8:30am	Match Day 1—Netball Games commence
12:00pm	Collect Lunch at Netball Courts (prepaid only)
2:30pm	Match Day 1 games finish (approximately)
Evening	Visit Infinity and the Surfers Paradise Beachfront Markets on the foreshore in Surfers Paradise (suggestion). Markets open 4:00pm-9:00pm
MON, 22 APRIL 2019 INTERNATIONAL NETBALL FESTIVAL MATCH DAY 2	
8:30am	Match Day 2—Netball Games commence
As per your timeslot	Action photography by Cheers Photography
11:00am	Collect Lunch at Netball Courts (prepaid only)
2:30pm approx	Match Day 2 games finish (approximately)
Afternoon	Free time

*Please refer to your itinerary for your team's activity/inclusions

Festival Program

TUE, 23 APRIL 2019	STRADBROKE ISLAND DAY
All Day	Enjoy the South Stradbroke Island Day Trip/Survivor Challenge at Couran Cove Island Resort*
WED, 24 APRIL 2019	NETBALL CLINIC/FREE TIME
9:00am-10:15am or 10:45am-12:00pm	Netball Clinic with Queensland Firebirds' players followed by signing of your singlets, balls etc
Afternoon	Free time
Evening	Visit Surfers Paradise Beachfront Markets , on the foreshore in Surfers Paradise (suggestion) (4:00pm-9:00pm)
THU, 25 APRIL 2019	INTERNATIONAL NETBALL FESTIVAL MATCH DAY 3/AWARDS
Morning	Free time. Attend an Anzac Day Ceremony (suggestion)
1:00pm	Match Day 3—Games Commence
3:00pm	Collect light Dinner at Netball Courts (prepaid only)
6:30pm approx	Match Day 3 games finish (approximately)
7:00pm	Awards Presentation Ceremony
FRI, 26 APRIL 2019	SKYPOINT OBSERVATION DECK/FREE TIME/FESTIVAL DINNER
At your own leisure	Visit SkyPoint Observation Deck*, a theme park, beach or shopping
5:00pm Arrive at Currumbin Wildlife Sanctuary	International Netball Festival—Festival Dinner at Currumbin Wildlife Sanctuary, 28 Tomewin Street, Currumbin 6:00pm Cultural performance and show 7:00pm Dinner

Participating Teams

13/U

All Sorts

Gold Coast, Queensland

Angel Noble
Faith Clark
Isabella Karabouloukis
Leilani Bultitude
Marissa Maurer
Molly Green
Patrice Noble
Tianna Finn

Budgies Indigenous

Budgies Blue

Gold Coast, Queensland

Ashley Blackman
Eeriel Bauer
Imelda Parlett
Marley Gordon
Narinda Jayasingha
Phoebe Hickson
Takiyah James
Taliyah Trewlynn

Budgies Indigenous

Budgies Gold

Gold Coast, Queensland

Camilla Teague
Jarrah Dick
Kiana Donovan
Kleo Lawson
Kyra Trewlynn
Makayla Hickson
Nakiah-Jayde Smith
Storme Councillor
Taya White

Budgies Indigenous

Budgies Green

Gold Coast, Queensland

Dezi Magann-Jones
Indra Purcell
Kaelani Goolagong
Kyesha Miller
Maddelin Barr
Shianne Bamblett
Sienna Stanley
Somah Malseed
Takoda Johnson

Budgies Indigenous

Budgies White

Gold Coast, Queensland

Charlotte Ryan
Delaraya Stanley
Eliza Cooke
Evie Johnston
Isabella Magee
Jade Oliver
Kaliyah Smith
Lily-Rose Quinlan
Mackenzie Brooker

Panthers

Gold Coast, Queensland

Alyssa Campbell
Caitlyn Beggs
Chloe Smith
Ella Knight
Mareta Greig
Mari Hakobyan
Sophie Everingham

Participating Teams

13/U Continued

Elanora Eliminators
Gold Coast, Queensland

Abby Edwards
Ariya Hall
Ellari Anderson
Jessica Powell
Mady Jackson
Ruby Partridge
Sienna Collins
Sienna May
Sieva Pirihi

Wolfpack Sports Club
WSC Sigma
Gold Coast, Queensland

Iaesha Rona
Indianah Manaia
Jayda Piakura
Jorja Takura
Kydan Tuapou
Manea Lewis
Molly Green
Sovika Pousini
Tia Crombie

www.internationalnetballfestivals.com

REGISTER NOW

INTERNATIONAL NETBALL FESTIVAL N1

Christchurch
27 September - 4 October
2019



Participating Teams

15/U

**Budgies Indigenous
Budgies Black**
Gold Coast, Queensland

Alexandria Kerrigan
Mikeyah Welsh-Tighe
Shakaye Walker
Taliyah Chatfield
Tamsyn Goolagong
Tayla Iverach-Bradshaw

**Budgies Indigenous
Budgies Orange**
Gold Coast, Queensland

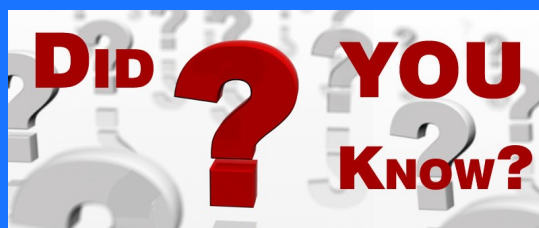
Camryn McPherson
Ella Sandilands
leisha Sutton
Mackenzie Gordon
Mercedes Kirwin
Shyleata Terare
Zoe Paton

Carmel College
Auckland, NZ

Daisy Spencer
Emilie Gordon
Katie Linstrom
Kelly Mayes
Losalio Naufahu
Madeline Stowers
Mary Byrne
Stella Trevett
Tilly Freeman
Zoe Fleming

Glorious Netters
Lautoka, Fiji

Adi Ama Tikomailepanoni
Gabrielle Rokobuli
Ivamere Qiokata
Litia Rutadradra
Lusiana Uluitoga
Margaret Lavanua
Vani Ratudradra
Virisita Kauniloloma
Yvonne Nalewabau



Individuals can be selected to join a team to attend the
INTERNATIONAL NETBALL FESTIVAL—FIJI in December.
Go to www.internationalnetballfestivals.com to find out more.
We attract over 250 players to the Fiji Festival.

Participating Teams

15/U Continued

Phoenix Netball Club *Gold Coast, Queensland*

Bayley D'Hotman de Villiers
Keirly Pleva
Kirra Tughua
Lily Phillips
Makia Lehrer
Matisse Bettridge
Merci Saifiti
Millie Entwistle
Sienna Fog
Talitah Faifai

Shakers *Gold Coast, Queensland*

Aaliyah Brown
Bodhana Harrison
Chevy-Jane Tiaiti
Emily Williams
Emmanuella Tiati
Gemeni Lynch
Jessica Cam
Katt Cole
Litesha Chand

Rotorua Girls High School *Rotorua, NZ*

Harmony Mika
Hayley Jones
Iris Paul
Jahzell Te Autu
Kaylah-May Okeroa
Lahaina Kiel
Laila Tai
Maia Jenner
Mya Tamamasui
Nataliah Kingi
Neven Northcroft
Sofia Rossi-Baker

Te Wharekura O Ruatoki *Ruatoki, NZ*

Herataimai Eruera
Hineteaiki McCorkindale
Manawa Edwards
Manehurangi Mariu-Rangi
Mihia Teepa
Nelson Heremia
Nicole Tawhai-Mihinui
Rarotapuhikura Tawhi
Te Kohureia Apiata-Amoroa
Teina Harawira
Tiraarangi Heurea
Tirah-Rose Hape

Have you seen all the new information on our website?

www.internationalnetballfestivals.com

You will find **information on all three of our Festivals** – Gold Coast, Christchurch & Fiji
including **sample itineraries** and **Manager's information**

If you have any suggestions, please let us know

internationalnetballfestival@gmail.com

Participating Teams

18/U

Budgies Indigenous Budgies Red *Gold Coast, Queensland*

Ella Blackman
Ellie Niki
Hannah Fraser
Heimo'ana AINU'u
Keisha Cedar
Medika Bonney
Renee Cubby
Rhyanna Yow-Yeh

Budgies Indigenous Budgies Yellow *Gold Coast, Queensland*

Brycee Stanley
Danni Hoskins
Hannah Carroll
Lily Cubby
Monique Chong
Poppy Sandilands
Shianne Barlow
Tyrah Wellington

Feilding High School *Feilding, NZ*

Anna Shortall
Chantelle Smith
Greer Mudgway
Hannah Wills
Holly Gordon
Jevonte Dygas
Lily Alabaster
Maia MacArthur-Payne
Nevaeh Bowsher-Dehar
Sophie Langtry

Kaipara College *Helensville, NZ*

Angelina Zickert
Angelina Sipa
Aria Morehu
Brooke Ross
Danielle Binks
Emma Painton
Emma Davison
Jamie Allen
Jamie-Lee Binks
Keeva McCambridge
Molly Low
Sarah Davison

Mighty Moovers *Gold Coast, Queensland*

Kaea Tangira
Kiara Ratu
Lennox Tomai
Montana Dare
Shelby Barker
Shiloh Ngaeruati
Shiphrah Lemusu
Siniue Ngaeruati
Tiah Bettridge
Tiarah Taurima

Northern Bay Secondary College **Northern Bay** *Corio, Victoria*

Cheyenne Cornwell
Esperance Kalenga
Georgie Yates
Jemma Beyer
Jessie Blackney
Shakarlyah Shepard
Sophia Bradley
Taleena Black
Tarni O'Keefe
Teneille Collins-Morrison

Participating Teams

18/U Continued

Shine On Netball Club
Shine On Sapphires
Lautoka, Fiji

Adi Viniana Maraivalu
Akeneta Tida Masala
Alanieta Dirauga
Ani Crystal Tabua
Bulou Salote Qio
Keleni Racule
Kelera Nai Wanono
Lavina Lagi
Ledua Pulotu Waqa
Matelita Kavetani
Mereia Tagicakibau
Veville Nabalarua

South Otago High School
SOHS Kea's
Balclutha, NZ

Alexa Dovey
Bree Win
Brooke Walsh
Brooke Tremaine
Gemma Johnson
Holly Storer
Jessica Davidson
Kobi Hammer
Lily Pringle
Olivia Davidson

Whanganui High School
WHS Gold
Whanganui, NZ

Daisha Cromarty
Feyth Hogan
Imogen Flower
Kara Adrole
Keilani Tyrell
Montel Vaiao Aki
Natalya Ross
Phoebe Brown
Rebekah Phillips
Zeah Brewer

South Otago High School
SOHS Tui's
Balclutha, NZ

Amber Mowat
Briana Dent
Brooke Storer
Cassidy Robertson
Ella-Rose Lawrence
Keely Hill
Madeline Deacon
Paris Skipper
Sophie Ruffell
Tarin May

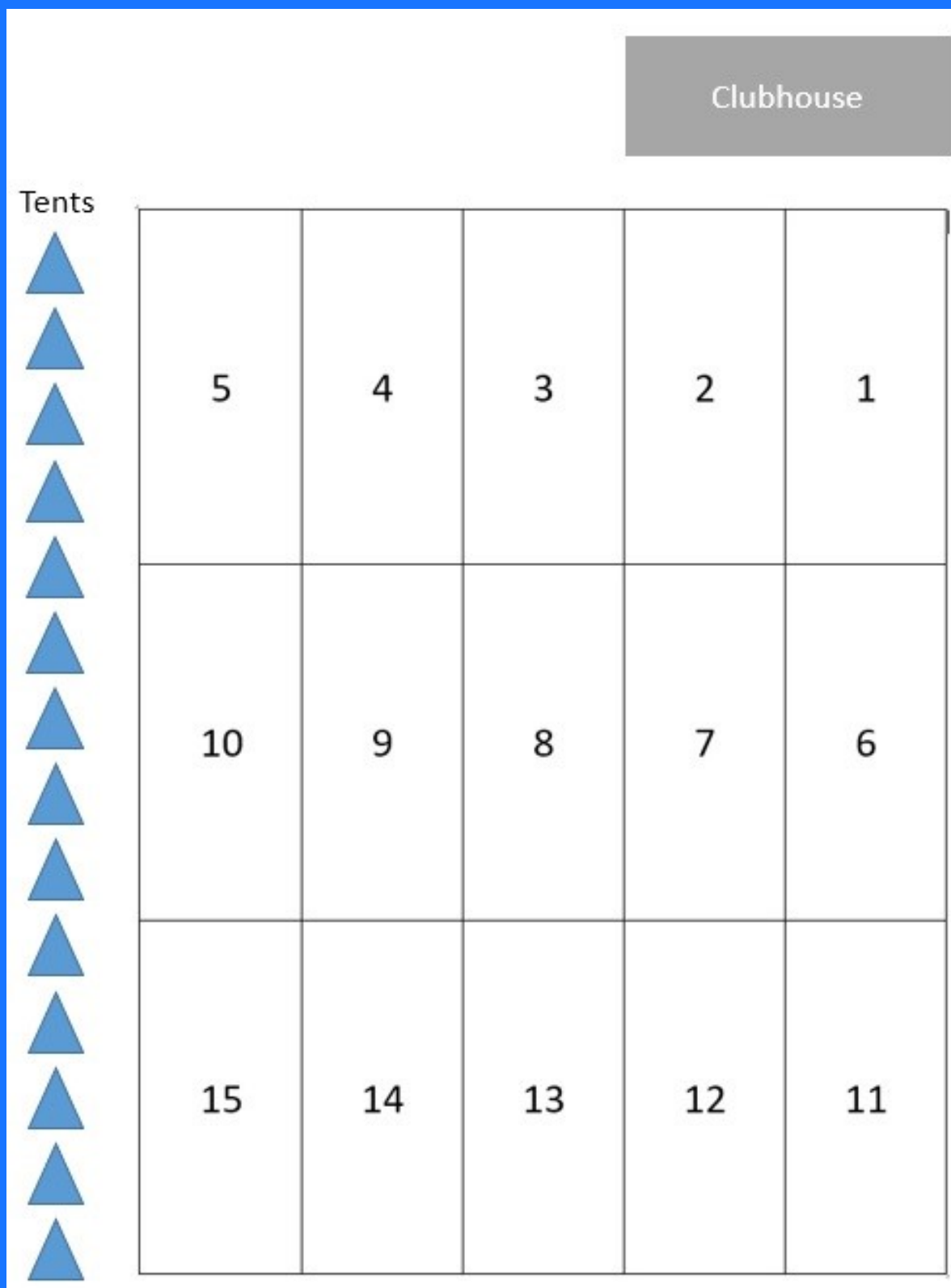
Te Wharekura O Ruatoki
Ruatoki, NZ

Araira TeHuia
Atawhai Mokomoko
Jade Apiata
Lynette Raina
Matariki Hare
Maumahara Heremia
Te Motoi Harawira
Whitiara Purewa

Whanganui High School
WHS Green
Whanganui, NZ

Candice Clark
Catherine Tidy
Ella Neilson
Grace Walford
Hinerangi Ratana
Maggie Jones
Maria Williams
Molly Fothergill
Sara Bishop
Shylla Tahana-Hopkins

Court Layout
South Coast Netball Association Courts
83 Melaleuca Drive, Palm Beach Queensland



INTERNATIONAL NETBALL
FESTIVAL

CHRISTCHURCH
SEP-OCT 2019



3 EXCITING GAME DAYS OF NETBALL COMPETITION

REGISTRATIONS CLOSE 9 SEPTEMBER 2019

PACKAGE INCLUSIONS

Cultural experience
Return flights
8 nights accommodation
12 seater mini buses
Travel insurance

ACTIVITIES INCLUDE:

See a Kiwi!
Ko Tane Maori Performance
Hangi Dinner
Willowbank Wildlife Reserve
Christchurch Sightseeing
International Antarctic Ctr
Day trip to Hanmer Springs
Thermal Hot Pools
Team bonding

Join this fabulous
Festival & have
great fun

FESTIVAL INCLUSIONS

Opening Ceremony
Managers' Meeting
Managers' info bags
Three Festival days
First aid onsite
Souvenir Programs
Trophies
Participation medals
Souvenir singlet
Souvenir action photos
Lunches (game days)
Meet & Greet Dinner
Festival Dinner



REGISTER YOUR TEAM NOW

28 SEP, 29 SEP & 1 OCT 2019

**HAGLEY PARK NETBALL COURT,
455 HAGLEY AVE, CHRISTCHURCH**

Divisions: 18/U, 15/U, 13/U

Spectators welcome - free

www.internationalnetballfestivals.com



*Dates subject to change



International Netball Festival

27 November - 5 December 2019

FIJI

DIVISIONS

Opens
18/Under
15/Under
13/Under

TOUR PACKAGES

Cultural experience
Return flights
Bus transfers
Travel insurance
8 nights' accommodation
Breakfast and dinner daily

FESTIVAL INCLUSIONS

Meet and greet
3-4 game days
Umpires
Lunches on game days
Trophies
Gala dinner and more!

Activities:

Full Day Island Cruise
Hot Springs and Mud Baths
Visit a Village
Meke and Kava Ceremony
Snorkelling
Coconut throwing
Fire dancing
Local markets and more

www.internationalnetballfestivals.com



INTERNATIONAL NETBALL FESTIVAL

GOLD COAST 2020

ENQUIRE NOW

REGISTRATIONS CLOSE 6 APRIL 2020

www.internationalnetballfestivals.com

TOUR DATES
14-22 APRIL 2020

GAME DAYS*

THU 16 APRIL 2020

SAT-SUN 18-19 APRIL 2020

PACKAGE INCLUSIONS

Return flights
8 night's accommodation
12 seater mini buses
Travel insurance
Meals

FESTIVAL INCLUSIONS

Meet and Greet dinner
Opening Ceremony
Managers' meeting & info bags
Three game days
Netball Clinic with Qld Firebirds
Umpires
First aid onsite
Souvenir program, singlet & action photos
Lunches on game days
Festival dinner
Trophies
Participation medals

*Dates subject to change

Speaker Jane Rushton—Author of Mind Tricks

Jane will share her Inspirational Story at the International Netball Festival Meet and Greet dinner at the Parkwood Tavern.

Jane Rushton inspires and motivates people by sharing her journey of her near fatal, head on car accident in Balcutha, New Zealand in 1992 where she was unrecognisable and had to learn to walk again. After many surgeries, Jane realised she had to make a choice to be a victim or to learn how to heal herself and create more happiness in any area her life.

With Jane's easy formula, "MIND TRICKS 5 KEY STEPS", Jane and her clients have discovered how to take responsibility of their life to create more balance, bliss and productivity, easily and effortlessly. She will demonstrate to the girls how to believe in themselves to be the best they can be.

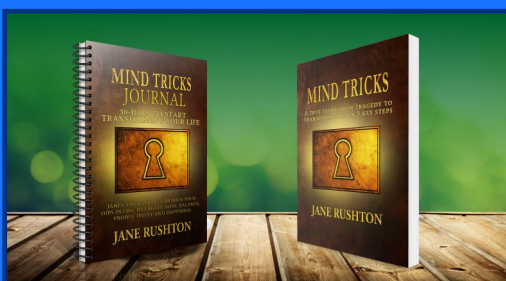
Jane will share with the International Netball Festival players, her story and that by taking responsibility of how they think, act and what they do, affects everything and everyone in their team. It comes down to how we think. Jane will demonstrate her easy "Mind Tricks methods" for them to try, so they can use them to be able to adjust their thoughts, as thoughts affect their moods, situations and behaviours. By using Jane's method, they will work together as a team, with coaches or anyone in their life.

Jane, a successful Author, MIND TRICKS Coach, Spiritual Healer, Pilates and Gym Instructor, as well as an International Netball Festival coordinator and Director of two companies, has been an entrepreneur since the age of 24.

Jane's love for sharing her vision, started over twenty years ago when she began her search to find direction in life, to uncover her passions and work through life's challenges. Jane says, "Life's a Rollercoaster. It's good to learn how to reduce the dips in life". She has studied so many modalities in Personal Development, Natural Therapies, exercise and rehabilitation, she has lost count.

In Jane's second book "I Lost My Face", Jane shares with you, her journey from the first days of her accident and how she has chosen to live with her injuries and ongoing operations whilst living a fit, healthy life with her adoring husband, Nick and four wonderful children, Olliver 21, Holly 19, Aimee-Rose 17 and Trent 14.

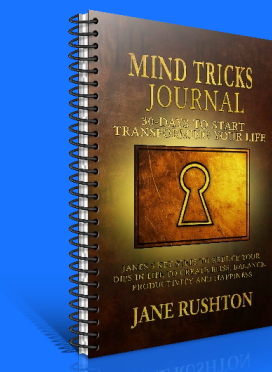
For a FREE chapter visit
www.mindtricksbooks.com



Learn Jane's easy 5 key steps Mind Tricks Book and Mind Tricks 30 Day Transformation Journal



For a FREE chapter visit
www.mindtricksbooks.com



MIND TRICKS eJOURNAL

Learn how use Jane's Easy Mind Tricks 5 Key Steps to create more balance, bliss and happiness in your life. You may want to reduce your roller coaster ride in life, reduce depression, get on better with people, be a better team player at sport, work or in your family. No matter what, MIND TRICKS book and journal will assist you to more balance, bliss and productivity in your life. Live your dream, from Jane

[**www.mindtricksbooks.com**](http://www.mindtricksbooks.com)

Local Services Information

Shopping Centres

Coles Palm Beach

Cnr Gold Coast Highway & Fourth Avenue, Palm Beach QLD 4221

Coles Supermarket and speciality stores

Stockland The Pines Shopping Centre

Guineas Creek Road, Elanora QLD 4211

*Aldi-Australia's cheapest supermarket, Coles, Woolworths and Kmart. The Pines Family Practice **Doctor**, Chemist and other speciality stores.*

Harbour Town Shopping Centre

Cnr Gold Coast Highway & Oxley Drive, Biggera Waters QLD 4216

'There's no town like it' - outlet shopping

Pacific Fair Shopping Centre

Hooker Boulevard, Broadbeach QLD 4215

World-class shopping and lifestyle experience

Beaches

Southport

Gold Coast Highway, Southport QLD 4215

Local protected beach with swimming enclosure. Opposite Australia Fair Shopping Centre.



Main Beach

Main Beach Parade, Main Beach QLD 4217 *Surf beach.*

Near Seaworld and Marina Mirage (a premiere shopping and dining resort)

Labrador

Marine Parade, Labrador QLD 4215

Local protected beach with swimming enclosure. Famous Charis Seafoods are located here selling fresh and cooked seafood. Very popular with the locals and tourists. You may catch them feeding the pelicans.

Surfers Paradise

The Esplanade, Surfers Paradise QLD 4217

Surf beach. The famous Surfers Paradise beach, post-card perfect locale

Palm Beach

Jefferson Lane, Palm Beach QLD 4221

A surf beach with cafes and the Palm Beach Surf Life Saving Club close by.

Transport

Bus Services—Surfside Buslines—07 5571 6555 www.surfside.com.au

Tram Services—G: Link—<http://ridetheg.com.au/>

Taxi Services—Gold Coast Cabs www.gccabs.com.au

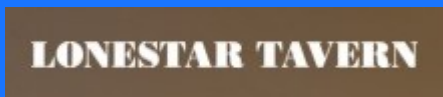
Gold Coast Airport —07 5589 1100 Gold Coast Highway, Coolangatta QLD 4225

Brisbane Airport —07 3406 3000 Airport Drive, Eagle Farm QLD 4009

Supporters



Gold Coast images in this program are courtesy of the City of Gold Coast.



At Lorna Jane, our mission is to empower every woman to lead her best life through the Active Living

philosophy and the daily practice of Move, Nourish and Believe.

At the heart of it all, is the founder of Activewear and Creator of Active Living, Lorna Jane Clarkson. Since sewing her first one-off design in 1989 at her home in Brisbane, Australia, Lorna Jane has transformed her fashion vision into a world-leading Activewear brand, with over 250 stores across the globe and created a new fashion category – Women's Technical Fashion. What started as a passion to deliver unique and inspiring designs to fellow gym lovers, has transformed into creating the modern woman's active wardrobe.

Lorna Jane is proudly 100% Australian owned and employs over 2,000 women globally.

Check out Lorna Jane's pop up tent at the Festival with items for sale.



**Thank you for attending the
International Netball Festival Gold Coast!
See you next time!**

www.internationalnetballfestivals.com

www.facebook.com/InternationalNetballFestival